









"30 Days, 30 Ways" September



This Hunger Action Month, we want to share 30 ways in 30 days you can fight hunger or raise awareness. Right now, over 91,000 people right here in northeast Indiana are in danger of going to bed hungry tonight. By sharing with friends, wearing orange, and donating the price of a cup of coffee, you can help end hunger right here in our community. If you post on social media, be sure to tag **#HungerActionMonth** and Community Harvest!

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
			1 Hang this calendar in your home or office and help spread awareness	2 Skip lunch out today and bring a brown bag. Donate savings to a pantry.	3  Shine a light on hunger by lighting up orange!	4 Write a hope note to a senior on the SeniorPak program
5 International Day of Charity: Make an online donation at CHFB.org	6  Labor Day! Visit CHFB.org to learn about hunger in Indiana	7 Tell a friend about hunger here in Indiana. Right now, 1 in 5 kids are hungry.	8 SNAP Challenge: Can you eat on \$4.15 today?	9  Today is Hunger Action Day! Wear orange and take a selfie for social media	10  Set an extra plate for one of the 78,680 people who won't eat today	11 Social Media Saturday: Like us on Facebook or Instagram!
12 Take a spoon or plate selfie and post on social media with hashtag #HAM	13  Make your coffee at home today and donate the savings	14 Want to volunteer? We have lots of opportunities! Call 447-3696.	15 Schedule a tour of the food bank and see how the programs work!	16 Call Roy Nevil, Volunteer Manager, to help preserve the harvest!	17 Make a secure online donation to CHFB.org. \$1 = 4 meals!	18  SNAP Challenge: Can you eat on \$4.15 today? 
19 Sponsorship Sunday: Ask your employer to sponsor a CHFB event	20  Write a hope note to a Veteran on the Hope for Heroes program	21 SNAP Challenge: Can you eat on \$4.15 today?	22 1st Day of Autumn! Collect some canned soup for families in need.	23 Today is Thankful Thursday. What are you thankful for today?	24 Watch "A Place at the Table" on Amazon Prime. 	25 Leave a Legacy: Consider a monthly gift to fight hunger year round
26 National Family Day! Do something special today with a loved one.	27 Matching Monday: Ask one of your friends to match your donation	28  National Coffee Day! Make your coffee today and donate the savings to CHFB	29 Write a hope note to a child that receives Kids BackPack	30 It's the last day of the month! Thanks for raising awareness!		